Sample:

Dining Center Meal

- Roast Beef
- Whipped Potatoes w/ Gravy
- Peas & Carrots
- Green Salad w/ Dressing
- Whole Wheat Bread
- 1% Milk
- Fruit Juice
- Dessert: Cookie
- Registered Dietitians ensure a variety of food that is both nutritious and delicious!
- Each meal contains one-third of the Recommended Dietary Allowance for an adult.
- Each meal meets diabetic, low sodium & low fat guidelines.
- Take-out frozen meals for weekends or holidays are available.

We welcome you to enjoy a nutritious meal among friends!





Central District Health Department

707 N. Armstrong Pl.
Boise, ID 83704 • (208) 327-7460
cdhd.idaho.gov

Welcome
To The
Senior Nutrition
Program Dining
Centers



Seniors, age 60 and older, are invited to eat a nutritious meal and socialize with the companionship of their fellow seniors!

Boise Meal Sites

Garden City Senior Center

3858 Reed St.
Garden City, ID 83714
336-8122
Wed & Fri – 12:00 p.m.
*Reservations Required

Boise Senior Activities Center

690 Robbins Road Boise, ID 83702 345-9921 Mon. thru Fri. – 12:00 p.m.

Samaritan Village Apts.

3350 Collister Dr.
Boise, ID 83703
327-7460
Mon. thru Fri.- 12:00 p.m.
*Reservations Required

Northgate Senior Village

5901 Ellens Ferry Way
Boise, ID 83703
853-8448
Mon. thru Fri. –12:00 p.m.
*Reservations Required

West Ada County Meal Sites

Star Senior Center

102 S. Main Street
Star, ID 83669
286-7943
Wed. & Fri. – 12:00 p.m.

Kuna Senior Center

299 Avenue B
Kuna, ID 83634
922-9714
Mon./Wed./Fri. – 12:00 p.m.

Meridian Senior Center

133 W. Broadway Ave.

Meridian, ID 83642

888-5555

Mon. thru Fri. – 12:00 p.m.

Eagle Senior Center

312 E. State Street
Eagle, ID 83616
939-0475
Tues. & Thurs. – 12:00 p.m.

Elmore County **Meal Sites**

Three Island Senior Center

510 E. Cleveland Glenns Ferry, ID 83623 366-2051 Mon./Tues./Thurs. – 12:00 p.m.

Mountain Home Senior Center

1000 N. 3rd, East Mountain Home, ID 83647 587-4562 Mon./Wed./Fri. –12:00 p.m.



The suggested donation per meal is \$3.00 for seniors. For persons under the age of 60, the cost is \$5.00 per meal.